



## A Journey Into Self: Past, Present & Future

QHHT<sup>®</sup> sets a safe and creative foundation for us to be free and expansive while in a deep meditative state. We explore many interesting and wondrous experiences through this process but most of all, we come out of these sessions changed for the better, gaining understanding to the true nature of life and ourselves.

These highly individualized inner-journeys are awe-inspiring and unforgettable. Profound relief, support, love, and transformation can be achieved for not only heart, body and mind, but for the soul, as well—that's what sets QHHT<sup>®</sup> apart from other hypnotic techniques.

Come see where your Higher Self takes you.



Q U A N T U M  
H E A L I N G  
H Y P N O S I S  
T E C H N I Q U E

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